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# Little Angel Wings Childcare & Preschool

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## Summer Events

Tuesday's and Thursday's will continue to be our goal for pre-school days. On these days we will be concentrating on the alphabet, numbers, shapes, color, sign-language, puzzles, and other forms of learning. If the weather permits we will go on our walks and outings. In order for field trips to continue I will need complete cooperation from all of my daycare families. In order for me to travel safely I can only take a portion of the group. If you have the day off work I ask that you keep your child at home to allow time for the remaining children at daycare to take their turn on an outing. If we all do our part then at some point all of the kids will have a chance to get out. Thank-you to all of my daycare parents who fully understand just how much it takes to get ALL of the little ones together for an outing and know how much it means to them to get to do something different.



**Enjoy a much needed three day weekend, for July 4th! Spend some time with your children.**



## Enjoy Eating Out With Your Child

Some of you have mentioned that you find it almost impossible to take your little one out to eat with you. Here are some suggestions to make your experience more enjoyable.

First, try to pick a restaurant that has special nights for kids. There are many places in Omaha that offer a 'kids eat free night'. Some places even have added events on those nights-this will allow you to enjoy the food you like and offer something interesting for your child. Make sure they are on their normal eating schedule-a tired child can turn into a fussy one real quick. Pack a little snack such as some Goldfish or Cheerios. Try to pick something that won't be too filling and ruin their meal but may tide them over while they wait for their food to arrive. Include them in the decision on what to eat and let them talk to the wait staff-if they are old enough. Ask the waiter/waitress if they can bring the child's meal as or with the appetizer, this way they can start eating sooner. Bring a few colors and a coloring book-some restaurants will have them but not all do. If your child is not old enough to enjoy coloring, bring a favorite toy but try to make it one that will not disrupt the other customers who are enjoying an evening out as well. Another option to pass the time is to sing a favorite song... quietly. When their food arrives make sure they stay focused on the meal and not the things that were entertaining them until it got there. When they are finished eating, use a baby wipe and help them clean up and let them finish their coloring or playing with the toy. I tend to take a camera and take a few shots while they are eating to encourage their good behavior.

Things you will want to pack in the diaper bag: At least 2 diapers, Wipes, Hand sanitizer/Lysol, Bib/birp cloth, Colors/coloring book/toy, Sippy cup/bottle-if they are unable to drink from a straw, Snack, and a Camera

# Learning Time - Sign Language

Please encourage your child to use their words on a regular basis at home as well as when you are out. The more practice they have the more they will try to communicate without the outbursts of frustration. I have found that when I am on an outing with the kids and they use sign-language other people notice and always tend to compliment how well behaved the group is. I have less screaming and fighting and more communication in a positive way. As always work on the commonly used words and include the alphabet in the practice time.

ral to smile and nod the head while making this sign.



**Mother** - Touch the right chin with the thumb of the right open hand. The fingers may be wiggled slightly.

**Father** - Touch the forehead with the thumb of the right open hand. The fingers may be wiggled slightly.



**Milk** - Squeeze both slightly open S hands with a downward motion, alternating hands.

**Eat** - The right *and* hand moves toward the mouth a few times.



**More** - Touch the fingertips of both hands before the chest with palms facing down. The right hand can be brought up to meet the left from slightly lower position.



**Help** - Place the closed right hand on the flat left palm and lift both hands together.

**Baby** - Hold the arms in the natural position for cradling a baby and rock the arms sideways.



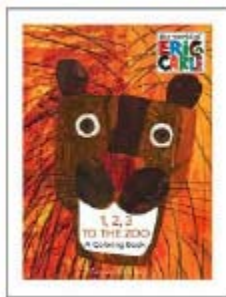
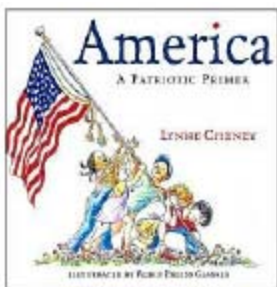
**Please** - Make a circle with the right flat hand over the heart.

**Thank-you** - Touch the lips with the fingertips of one or both flat hands, then move the hands forward until the palms are facing up. It is natu-

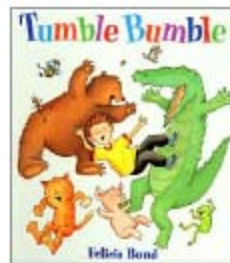
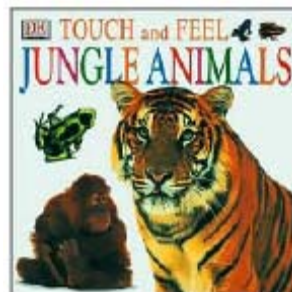


“...keep the words simple...”

## Books to Read



“read to your children often...”



“Read to your children often to instill a love of reading in them to last a lifetime. Let them pick the book you read and watch them sit and listen”

